

BABY SHOWER

MAD LIBS

FILL IN THE BLANKS BELOW

1. *exclamation* _____
2. *comparative adjective* _____
3. *number* _____
4. *thing* _____
5. *thing* _____
6. *thing* _____
7. *newborn mammal* _____
8. *verb* _____
9. *verb* _____
10. *body part* _____
11. *number* _____
12. *plural noun* _____
13. *safety device* _____
14. *family member name* _____
15. *emotion* _____
16. *another emotion* _____
17. *household chore* _____
18. *food* _____
19. *another food* _____
20. *beverage* _____
21. *state of mind* _____
22. *liquid* _____
23. *noun* _____
24. *activity* _____
25. *verb* _____
26. *plural noun* _____

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TRANSFER YOUR ANSWERS FROM PAGE ONE

advice for the new parents from:

_____ your name

A NEW BABY IS A(N) _____ ADVENTURE. BUT LIKE ALL BIG LIFE CHANGES, THE MORE PREPARED YOU ARE, THE _____.

➤ PACK YOUR HOSPITAL BAG AT LEAST _____ DAYS BEFORE YOUR DUE DATE. DON'T FORGET TO INCLUDE YOUR _____, _____, AND _____. THIS WILL ELIMINATE UNNECESSARY LAST MINUTE STRESS IF THE _____ COMES EARLY.

➤ DURING THE DELIVERY, BE SURE TO _____ DEEP AND _____ WITH YOUR _____.

➤ WHEN BRINGING BABY HOME, DRIVE _____ MILES UNDER THE SPEED LIMIT, ALWAYS BRAKE FOR _____, AND MAKE SURE EVERYONE IS WEARING THEIR _____.

➤ WHEN THE BABY NAPS, _____ SHOULD NAP TOO. YES, YOU'RE GOING TO BE _____ AND _____, BUT RESTING IS MORE IMPORTANT THAN _____.

➤ PROVEN STUDIES HAVE SHOWN THAT THE BEST FOODS FOR A NEW MOM ARE _____ AND _____. DON'T FORGET TO ALSO DRINK PLENTY OF _____.

➤ POSTPARTUM HORMONES CAN BE _____. DON'T FEEL SILLY FOR CRYING OVER THINGS LIKE SPILLED _____ OR THAT _____ COMMERCIAL ON TV.

➤ CAPTURE YOUR EVERYDAY _____ ON FILM. BELIEVE IT OR NOT, THIS TIME WILL _____ BY, AND BEFORE YOU KNOW IT AND YOU MAY ACTUALLY MISS THOSE _____.